



# PRIMARY LUNCH MENU

Autumn/Winter

	<b>MEAT FREE MONDAY</b>	<b>ROUND THE WORLD TUESDAY</b>	<b>TRADITIONAL WEDNESDAY</b>	<b>TREAT DAY THURSDAY</b>	<b>FISH FRIDAY</b>
<b>WEEK 1</b>	<b>Cheese and Tomato Pizza</b> (V) <b>OR</b> <b>Sweetcorn and Pepper Pizza</b> (V)	<b>Bolognese with Pasta</b> (DF)(HM) <b>OR</b> <b>Veggie Bolognese with Pasta</b> (V)(HM)(DF)	<b>Bangers and Mash</b>  <b>OR</b> <b>Quorn Sausage and Mash</b> (V)	<b>Chicken Balls</b> (DF)  <b>OR</b> <b>Quorn Nuggets</b> (V)(DF)	<b>Fish Fingers</b> (DF)  <b>OR</b> <b>Quorn Fish-Less Fingers</b> (V)(DF)
6th January	<b>Wedges &amp; Mixed Vegetables</b> (V)(GF)(DF)	<b>Sweetcorn &amp; Broccoli</b> (V)(GF)(DF)	<b>Cabbage &amp; Gravy</b> (V)(GF)(DF)	<b>Rice &amp; Green Beans</b> (V)(GF)(DF)	<b>Chips and Peas</b> (V)(GF)(DF)
27th January	<b>Yoghurt</b> (V)(GF)	<b>Apple Crumble</b> (HM)(DF)(V)	<b>Shortbread Fingers</b> (HM)(DF)(V)	<b>Carrot Cake</b> (HM)(DF)(V)	<b>Ice Cream</b> (GF)(V)
<b>WEEK 2</b>	<b>Mac and Cheese</b> (V)(HM)  <b>OR</b> <b>Mixed Peppers and Potato Omelette</b> (V)(HM)(DF)(GF)	<b>Burger with BBQ Sauce</b> (DF)  <b>OR</b> <b>Veggie Burger with BBQ Sauce</b> (V)(DF)	<b>Cottage Pie</b> (HM)(GF)  <b>OR</b> <b>Shepherdess Pie</b> (HM)(V)(DF)	<b>Build your own Wrap</b> <b>Chicken Tenders</b> (DF)  <b>OR</b> <b>Roasted Mediterranean Wrap</b> (DF)(V)	<b>Fish Fingers</b> (DF)  <b>OR</b> <b>Quorn Fish-Less Fingers</b> (V)(DF)
13th January	<b>Broccoli and Peas</b> (V)(GF)(DF)	<b>Wedges and Sweetcorn</b> (V)(GF)(DF)	<b>Cabbage and Cauliflower</b> (V)(GF)(DF)	<b>Herb Diced Potatoes and Peas</b> (V)(GF)	<b>Chips and Peas</b> (V)(GF)(DF)
3rd February	<b>Gingerbread Man</b> (V)(DF)	<b>Australian Crunch</b> (HM)(DF)(V)	<b>Flapjack</b> (DF)(V)(HM)	<b>Apple Sponge</b> (HM)(DF)(V)	<b>Ice Cream</b> (GF)(V)
<b>WEEK 3</b>	<b>Homemade Tomato Sauce with Pasta</b> (V)(DF)(HM)  <b>OR</b> <b>Cheese &amp; Onion Puff Pastry Slice</b> (V)(HM)	<b>Mild Mexican Chilli</b> (GF)(DF)(HM)  <b>OR</b> <b>Vegan Chilli</b> (V)(HM)(GF)(DF)	<b>Roast Chicken and Stuffing</b> (DF)  <b>OR</b> <b>Cauliflower and Broccoli Cheese Bake</b> (V)(HM)	<b>All Day Brunch</b> <b>Bacon, Hashbrown, Baked Beans, Scrambled Egg</b> (GF)  <b>OR</b> <b>Veggie Sausage Brunch</b> (V)	<b>Fish Fingers</b> (DF)  <b>OR</b> <b>Quorn Fish-Less Fingers</b> (V)(DF)
20th January	<b>Broccoli &amp; Sweetcorn</b> (V)(GF)(DF)	<b>Rice &amp; Green Beans</b> (V)(GF)(DF)	<b>Roasted Potatoes, Carrots, Peas &amp; Gravy</b> (V)(GF)(DF)		<b>Chips and Peas</b> (V)(GF)(DF)
10th February	<b>Cheese and Biscuits</b> (V)	<b>Raspberry Ripple Cake</b> (HM)(DF)(V)	<b>Crispy Rice Cake</b> (HM)(V)(DF)	<b>Jelly and Cream</b> (V)(GF)	<b>Ice Cream</b> (GF)(V)

**Freshly Baked Bread, Salads, Fresh Fruit & Yogurts available Daily**  
**Available Daily:** Jacket Potatoes with toppings of Beans, Cheese or Tuna Mayonnaise  
 Pasta with Homemade Tomato Sauce

