

Bristol FFL Autumn Winter 2019 Menu

X2 Roast Menu- Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese and Tomato Pizza <i>With Jacket Wedges</i>	Roast Gammon <i>with Mashed Potatoes and Gravy</i>	Cottage Pie & Gravy	Roast Chicken <i>with Roast Potatoes and Gravy</i>	Golden Fish Fingers <i>with Chips</i>
Alternative Dish	Bean and Potato Wrap <i>with Rice**</i>	Veggie Pizza Dog <i>with Jacket Wedges</i>	Mac 'N' Cheese	Sweetcorn Tortilla Pie <i>(layered sweetcorn tortilla bake)</i>	Quorn Dippers <i>with Chips</i> OR Salmon Fish Fingers***
Halal		Halal Roast Turkey	Halal Cottage Pie	Halal Roast Chicken	
Vegetables	Peas Carrots	Broccoli and Cauliflower Medley Green Beans	Sweetcorn Mediterranean Vegetables	Carrots Cabbage	Baked Beans Peas
Desserts	Chocolate Slice *	Apple and Berry Crumble* <i>with Custard</i>	Orange Drizzle Cake <i>with Custard</i>	Shortbread Biscuit <i>with Fruit Slices *</i>	Peach and Chocolate Sponge

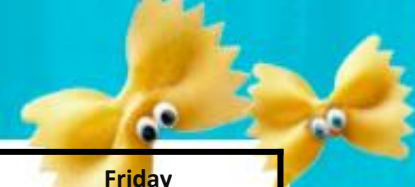
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



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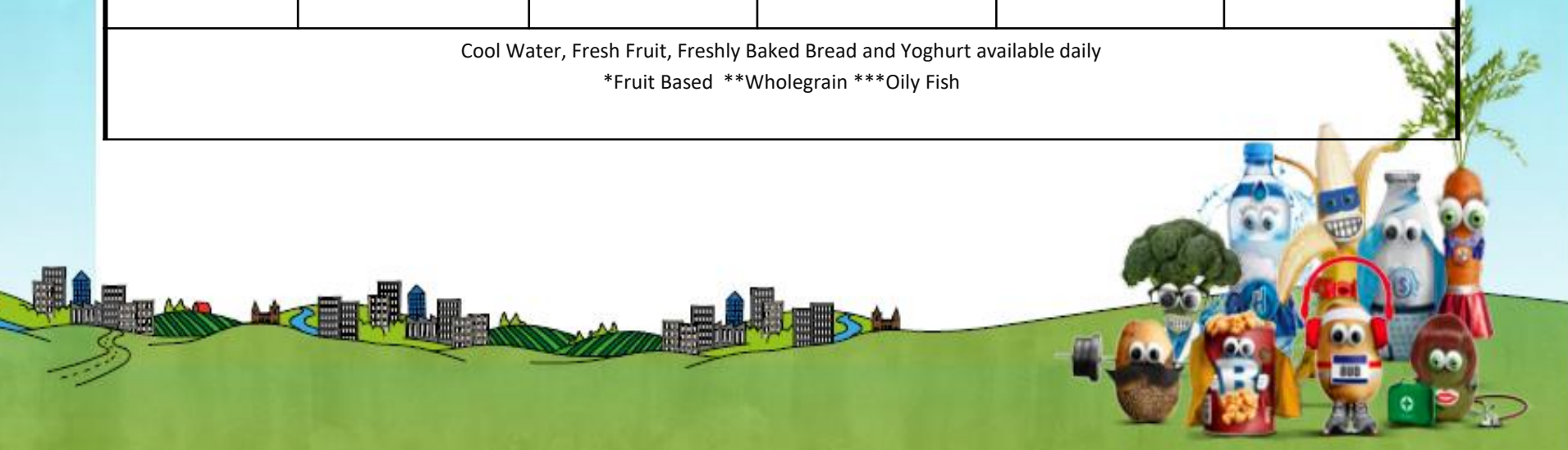
X2 Roast Menu- Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetable Supreme Pizza ** <i>With Jacket Wedges</i>	Roast Pork <i>with Roast Potatoes and Gravy</i>	Traditional Beef Lasagne <i>With Garlic and Herb Bread Wedge**</i>	Roast Chicken <i>with Dry Roast Potatoes and Gravy</i>	Golden Fish Fingers <i>with Chips</i>
Alternative Dish	Spaghetti Bake	Cheesy Bubble & Squeak	Quorn Pasta Bolognese** <i>With Garlic and Herb Bread Wedge**</i>	Roast Vegetable and Butterbean Crumble <i>with Dry Roast Potatoes and Gravy</i>	Caramelised Red Onion and Mozzarella Tart <i>with Chips</i>
Halal		Halal Beef	Halal Beef Lasagne	Halal Roast Chicken	
Vegetables	Sweetcorn Broccoli	Roast Parsnip Carrot	Peas Roasted Peppers and Sweetcorn	Green Beans Broccoli and Cauliflower Medley	Baked Beans Peas
Desserts	Mango Frozen Yoghurt	Flapjack <i>with Fruit Slices *</i>	Apple and Pear Strudel* <i>with Custard</i>	Bread and Butter Pudding <i>with Custard</i>	Chocolate Cake

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Bristol FFL Autumn Winter 2019 Menu

X2 Roast Menu- Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza <i>with Jacket Wedges</i>	Roast Beef <i>with Dry Roasted Potatoes and Gravy</i>	Pork Sausages <i>With Mashed Potatoes & Gravy</i>	Roast Turkey <i>with Roast Potatoes and Gravy</i>	Golden Fish Fingers <i>with Chips</i>
Alternative Dish	BBQ Quorn Burger <i>with Jacket Wedges</i>	Sweet Potato and Chickpea Tikka Masala <i>With Rice**</i>	Vegetarian Sausages <i>With Mashed Potatoes & Gravy</i>	Vegetable Wellington <i>with Roast Potatoes & Gravy</i>	Tomato and Quorn Taco Cone <i>with Chips</i>
Halal		Halal Roast Beef	Halal Chicken Sausages	Halal Roast Turkey	
Vegetables	Carrots Peas	Broccoli Green Beans	Sweetcorn Peas	Cabbage Carrot and Swede Mash	Coleslaw Baked Beans
Desserts	Creamy Baked Rice Pudding	Chocolate and Raspberry Swirl Cake <i>with Custard</i>	Oatie Biscuit <i>with Fruit Slices *</i>	Banana and Cinnamon Cake * <i>with Custard</i>	Strawberry Frozen Yoghurt

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

